

TAKING EVERY THOUGHT CAPTIVE

2 Corinthians 10:4-5 KJV *“(For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;) Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;”*

IF YOU DO NOT TAKE EVERY THOUGHT CAPTIVE

1. You will not grow spiritually to your fullest potential. (Jodie smith thoughts)
2. You will not have joy consistently.
3. You will struggle with racing thoughts.
4. You will be confused with truth and lie's.
5. You will not be able to live a life of total forgiveness.
6. Your thought process will be sluggish.
7. You will feel as though you are stuck, in neutral.
8. Unable to truly help others to grow.
9. You have a big tendency to assume.
10. You will never truly feel the freedom in your mind.
11. You will feel, “out of control.”

Our minds are a powerful thing.....WE ARE WHAT WE THINK!

Philippians 4:6-9 KJV *“Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things. Those things, which ye have both learned, and received, and heard, and seen in me, do: and the God of peace shall be with you.”*

STEPS TO TAKE EVERY THOUGHT CAPTIVE:

1. Choosing truth over lies. Philippians 4:6-9 KJV *“And ye shall know the truth, and the truth shall make you free.”* You have to want to know the truth. If you don't want to know the truth, you will not take every thought captive. If you do try to take every thought captive, you will look through the lens of

lies. You must compare it to the word of God! You must want the truth with all your heart! Some people will continue believing lies because it fits their victim narrative.

2. Deciding and making the choice to take every thought captive. You have to make the choice and stick with your decision. There has to be a beginning. That moment in time when you decide you want to do the right thing.
3. Capture each thought as it comes into your mind. Compare it to the word of God. Example I am a failure! I can't do anything!

Philippians 4:13 KJV *"I can do all things through Christ which strengtheneth me."*
This is taking that thought captive and putting it against the word of God and replacing that thought with the truth.

4. Be consistent every day in taking every thought captive.
5. Be willing to work hard. Be diligent. Learning and transforming your mind is not an easy task.
6. Research the word and find all the scriptures you need and keep them handy.
7. Know who you are in Christ.

MY IDENTITY IN CHRIST

(WHO I AM)

I AM ACCEPTED

- ❖ John 1:12 I am Gods child.
- ❖ John 15:15 I am Christs friend.
- ❖ Romans 5:1. I have been justified.
- ❖ 1 Corinthians 6:17. I am united with the Lord and I'm one spirit with Him.
- ❖ 1 Corinthians 6:19,20. I have been bought with a price. I belong to God.
- ❖ Ephesians 1:1. I am a saint.
- ❖ Ephesians 1:5. I have been adopted as Gods child.
- ❖ Ephesians 2:18. I have direct access to God through the Holy Spirit.
- ❖ Colossians 1:14. I have been redeemed and forgiven of all my sins.
- ❖ Colossians 2:10. I am complete in Christ.

I AM SECURE

- ❖ Romans 8:1,2 I am free forever.
- ❖ Romans 8:28. I am assured that all things work together for good.
- ❖ Romans 8:31. I am free from any condemning charges against me.
- ❖ Romans 8:35. I cannot be separated from the love of God.
- ❖ 11 Corinthians 1:21,22. I have been established. Anointed and sealed by God.
- ❖ Colossians 3:3. I am hidden with Christ in God.
- ❖ Philippians 1:6. I am confident that the good work that God has begun in me will be perfected.
- ❖ Philippians 3:20. I am a citizen of heaven.
- ❖ 11 Timothy 1:7. I have not been given a spirit of fear but of power love and a sound mind.
- ❖ Hebrews 4:16. I can find grace and mercy in time of need.
- ❖ 1 John 5:18 I am born of God, and the evil one cannot touch me.

I AM SIGNIFICANT

- ❖ Matthew 5:13,14. I am salt and light of the earth.
- ❖ John 15:1,5. I am a branch of the true vine, a channel of his life.
- ❖ Acts 1:8. I am a personal witness of Christ.
- ❖ 1 Corinthians 3:16. I am Gods temple.
- ❖ 11 Corinthians 5:17. I am a minister of reconciliation for God.
- ❖ 11 Corinthians 6:1. I am a co- worker.
- ❖ Ephesians 2:6. I am seated with Christ in the heavenly realm.
- ❖ Ephesians 2:10. I am Gods workmanship.
- ❖ Ephesians 3:12. I may approach God with freedom and confidence.
- ❖ Philippians 4:13 I can do all things through Christ who gives me strength.